

EXTENSION MASTER FOOD VOLUNTEER PROGRAM

Upcoming Interest Meeting!

NC STATE

Extension Master Food Volunteer Program

More information about the program can be found on our website:

bertie.ces.ncsu.edu

DATE: October 11, 2022

TIME: from 10:00 am – 11:30 am

**LOCATION: Aulander Nutrition Site
204 Rice Ave. Aulander, NC**

The NC State Extension Master Food Volunteer (EMFV) program provides NC residents the opportunity to engage with their communities by supporting NC Cooperative Extension programming in the areas of nutrition, cooking, food safety, and food systems. NC Cooperative Extension provides evidence-based information through community classes and events.

Anyone interested in cooking, nutrition, food safety, or food systems can attend!

NC Cooperative Extension prohibits discrimination and harassment on the basis of race, color, national origin, age, sex (including pregnancy), disability, religion, sexual orientation, gender identity, and veteran status.

OPPORTUNITIES FOR VOLUNTEER SERVICES INCLUDE:

- Nutrition Education
- Cooking Demonstrations
- Educational Booths
- Food Preservation Classes

LEARN MORE ABOUT:

- The volunteer opportunities available through NC Cooperative Extension
- How you can get involved in food and nutrition programs in your community as an Extension Master Food Volunteer
- How you can become an Extension Master Food Volunteer
- The trainings and opportunities you receive as an Extension Master Food Volunteer



NC COOPERATIVE EXTENSION



Grow. Cook. Eat.