

## **N.C. Cooperative Extension in Bertie County Receives Donation from Food Lion Feeds Charitable Foundation**

Windsor, North Carolina – N.C. Cooperative Extension has received \$2,000 from the Food Lion Feeds Charitable Foundation just in time to help feed local neighbors. N.C. Cooperative Extension in Bertie County will use the gift to support their EFNEP Program Associate, Kathy Copeland as she instructs youth, parents and teachers through an interactive series from the Head Start Nutrition Guide. She will focus on nutrition, food choices, and include food tasting to explore all food groups from the USDA MyPlate recommendations. In addition, she will incorporate physical activity and stress the importance of an active lifestyle.

N.C. Cooperative Extension is an educational partnership helping people put research-based knowledge to work for economic prosperity, environmental stewardship, and an improved quality of stewardship, and an improved quality of life. The EFNEP Program seeks to improve the health of limited resource families with young children and limited resource youth through practical lessons.

Established in 2001, the Food Lion Feeds Charitable Foundation provides financial support for programs and organizations dedicated to feeding the hungry in the communities it serves. Since its inception, the foundation has awarded more than \$12 million in grants.

### **About The Food Lion Feeds Charitable Foundation**

The Food Lion Feeds Charitable Foundation is the philanthropic arm of Food Lion, based in Salisbury, N.C. Established in 2001, the Food Lion Feeds Charitable Foundation provides financial support for programs and organizations dedicated to eliminating hunger. The charitable foundation has provided more than \$12 million in grant funding helping to nourish communities with fresh food for backpack programs, Kids Café's, and other hunger-relief programs as well as funding for long-term programs to help shorten the lines at food banks. The charitable foundation partners with Feeding America, the nation's largest hunger-relief agency, in addition to local food agencies serving the 10 Southeastern and Mid-Atlantic states in which Food Lion operates. For more information, visit [www.foodlion.com/in-our-community](http://www.foodlion.com/in-our-community).

### **About Food Lion**

Food Lion, based in Salisbury, N.C., since 1957, has more than 1,000 stores in 10 Southeastern and Mid-Atlantic states and employs more than 68,000 associates. By leveraging its longstanding heritage of low prices and convenient locations, Food Lion is working to own the easiest full shop grocery experience in the Southeast, anchored by a strong commitment to affordability, freshness and the communities it serves. Through Food Lion Feeds, the company has donated more than 500 million meals to individuals and families since 2014, and has committed to donate 1 billion more meals by 2025. Food Lion is a company of Ahold Delhaize USA, the U.S. division of Zaandam-based Ahold Delhaize. For more information, visit [www.foodlion.com](http://www.foodlion.com).

THANK YOU!

